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| PATIENT NAME: |
| M.R. NUMBER: |

PRE-VISIT QUESTIONNAIRE

INSTRUCTIONS FOR COMPLETING

Please answer the following questions about your health and history. Although this form is lengthy, it is designed to be very thorough. Completing this information before your appointment will greatly assist the doctor to best use your assessment time with her /him by enabling a more detailed focus.

Name of Patient: _____ Date of Evaluation: _____

| | | |
|---|-------------------------|--|
| If form not completed by patient, name of person completing & relationship to patient: | | |
| _____ | _____ | |
| NAME | RELATIONSHIP TO PATIENT | |
| | _____ | |
| | PHONE NUMBER | |

DEMOGRAPHICS

STREET: _____ APT: _____

CITY: _____ STATE _____ ZIP: _____

PHONE (Home): _____ Cell: _____

DATE OF BIRTH: _____ AGE: _____ yrs

SEX: Male Female HANDEDNESS: Right Left Ambidextrous

Ethnicity origin (or Race): Please circle your ethnicity.

Native American Asian African American Caucasian

Hispanic Other



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Who is your primary doctor? Dr. _____

Address: _____

Phone number: () _____

Fax Number: () _____

May we contact your physician? Yes No

REFERRAL INFORMATION

Who referred you to the Thomson Memory Center? _____

❖ If referred by a specific physician, mental health care provider, or other specialist, please provide his/her name, specialty and contact information below:

Name: _____ Specialty: _____

Address: _____

Phone number: () _____

Fax number: () _____

PRESENTING PROBLEM

Please briefly describe what problem(s) with thinking you are experiencing:



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Did these changes have an abrupt onset (for example, normal one day and then problems the next)? Yes No

Did these changes have a gradual onset (for example, slowly negatively progressing over time)? Yes No

Please describe how long the patient has been experiencing these problems and a brief description of the course (for example, gradual onset starting 3 years ago but a more noticeable decline in the past 6 months).

Have you noticed any of these additional symptoms? Please check those that apply to you.

A. Attention

- Easily distracted
- Difficulties staying on task
- None of the Above

B. Memory

- Ask same question repeatedly
- Difficulties with making or keeping appointments
- Forgetting recent conversations
- Forgetting why you went into room
- Forgetting where things are in the kitchen
- None of the Above

C. Language

- Trouble summoning words (the word feels like it is on the tip of your tongue)
- Stopped reading
- Mispronounce or use wrong words
- Handwriting has deteriorated
- Trouble recalling names of long time acquaintances
- None of the Above



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D. Visuospatial function

- Confused or disoriented in stores or malls
- Getting lost easily even on familiar routes
- Trouble finding the car in the parking lot
- Difficulty driving: number of accidents and when:
- None of the Above

E. Executive Function

- Feeling unorganized
- Lacking motivation
- Personality changes
- Embarrassing or inappropriate in social gatherings
- Difficulties with hygiene-bathroom use
- Difficulties with negative evaluations at work
- None of the Above

F. Praxis

- Difficulties using household items
- Trouble dressing (two socks on one foot, shirts on backwards)
- None of the Above

G. Vision

- Blurred vision
- Groping for door handles
- None of the Above

H. Emotional

- Sadness
- Anxiousness
- Social problems
- None of the Above



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What are your typical daily activities? Please respond below.

Would you consider these activities a change from what you used to do? Yes No

Do you drive a vehicle? Yes No

Please indicate if you are independent or need help with any of the following.

| TASK | DON'T NEED HELP | NEED HELP | WHO HELPS |
|----------------------------------|-----------------|-----------|-----------|
| Feeding yourself | | | |
| Getting from bed to chair | | | |
| Getting to the toilet | | | |
| Getting dressed | | | |
| Bathing | | | |
| Using the telephone | | | |
| Taking your medicines | | | |
| Preparing meals | | | |
| Managing money / financial | | | |
| Doing laundry | | | |
| Doing housework | | | |
| Grocery shopping | | | |
| Driving | | | |
| Doing "handyman" tasks | | | |
| Climbing stairs | | | |
| Getting to places beyond walking | | | |

Do you employ someone to provide care or help you in your home? Yes No

 If "yes," how many hours a day? _____ How many days a week? _____

Do you get help from a family member or friend in your home? Yes No

 If "yes," how many hours a day? _____ How many days a week? _____

Do you provide care for a family member? Yes No



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PAST MEDICAL HISTORY

Please check all medical conditions that you have or have had in the past:

I. EYE & EAR PROBLEMS

- a) Cataracts
- b) Glaucoma
- c) Macular degeneration of the eye
- d) Hearing loss/hearing aid
- e) Other, specify: _____

II. HEART PROBLEMS

- a) Heart attack: year _____
- b) Heart failure
- c) High blood pressure
- d) Irregular heartbeats (arrhythmias)
- e) Aortic stenosis
- f) Other, specify: _____

III. LUNG PROBLEMS

- a) Asthma
- b) Bronchitis
- c) Emphysema
- d) COPD
- e) Other, specify: _____

IV. BONE & JOINT PROBLEMS

- a) Arthritis
- b) Osteoporosis
- c) Gout
- d) Fracture (circle which one(s))
hip/wrist/spine
- e) Other, specify: _____

V. GLAND PROBLEMS

- a) Diabetes
- b) Thyroid (overactive/high)
- c) Thyroid (underactive/low)
- d) Other, specify: _____

VI. KIDNEY & URINARY TRACT PROBLEMS

- a) Kidney disease
- b) Prostate disease
- c) Frequent bladder or kidney infections
- d) Urinary incontinence
- e) Other, specify: _____



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VII. GASTROINTESTINAL PROBLEMS

- a) Ulcers
- b) Heartburn/hiatal hernia
- c) Diverticulosis
- d) Liver disease/Cirrhosis
- e) Hepatitis
- f) Polyps
- g) Gallbladder disease
- h) Other, specify: _____

IX. OTHER HEALTH PROBLEMS

- a) Allergies (specify): _____
- b) High Cholesterol
- c) Anemia
- d) Hernia
- e) Thrombosis (blood clots)
 of leg of lung
- f) Sleep Apnea
Treatment: _____

X. RECENT MEDICAL SYMPTOMS

- a) Loss of consciousness or near fainting
- b) Dizziness
- c) Migraines
- d) Changes in smell or taste
- e) Hallucinations
- f) Changes in appetite

VIII. NERVOUS SYSTEM PROBLEMS

- a) Stroke
- b) Dementia or Alzheimer's
- c) Parkinson's Disease
- d) Epilepsy or Seizures
- e) Exposure to toxins
- f) Head Injury (# of occurrences) _____
Dates: _____
- g) Other, specify: _____

- g) Cancer (of what): _____
- h) Psychiatric problems:
 anxiety depression
 psychosis bipolar
 other: _____
- i) Sexual function problems
(specify): _____

- g) Loss of urine or getting wet
- h) Numbness or arm/leg weakness
- i) Sleep problems (specify):
 Falling asleep
 Staying asleep
- j) Tremor or Shaking
- k) Problems with falling or loss of balance



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PRE-VISIT QUESTIONNAIRE

List surgeries (operations). Use additional page, if needed.

| SURGERY | DATE |
|---------|------|
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| 6. | |

List Other Hospitalizations. Use additional page, if needed.

| HOSPITALIZATION REASON | DATE |
|------------------------|------|
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |

List any neuroimaging (e.g., CT scan, MRI of the head/brain). Use additional page, if needed.

| NEUROIMAGING TECHNIQUE | DATE | ORDERING PHYSICIAN |
|------------------------|------|--------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |



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PRE-VISIT QUESTIONNAIRE

Do you have any drug allergies? No Yes: specify below

| NAME OF DRUG | REACTION |
|--------------|----------|
| 1. | |
| 2. | |
| 3. | |

List all medicines that you use. (prescription, non-prescription & natural products)

| NAME OF MEDICATION | STRENGTH | HOW OFTEN PER DAY |
|-------------------------|---------------|-----------------------------|
| <i>Example: Tylenol</i> | <i>500 mg</i> | <i>1 pill 3 times a day</i> |
| 7. | | |
| 8. | | |
| 9. | | |
| 10. | | |
| 11. | | |
| 12. | | |
| 13. | | |
| 14. | | |
| 15. | | |

Do you drink alcohol, including beer and wine, or other alcohol (such as vodka, whiskey, gin)?

- | | |
|---|---|
| <input type="radio"/> Daily | <input type="radio"/> Almost daily (4 to 6 times a week) |
| <input type="radio"/> 1 to 3 times a week | <input type="radio"/> Less than 1 time a week <input type="radio"/> Never |

If you drink alcohol, has anyone ever been concerned about your drinking? Yes No

Have you ever sought treatment due to a drinking problem? Yes No



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Have you ever used tobacco? Yes No

❖ If “yes,” are you now smoking? Yes No

How many years have you smoked? _____

How much do you smoke? (check all that apply)

Cigarettes: _____ packs per day E-cigarettes/Vaping: _____ times per day

❖ If you have smoked in the past but are not currently smoking, how many years ago did you quit? ____ For how many years did you smoke? ____ How many packs per day did you smoke? ____

Have you ever used illicit/recreational drugs? Yes No

❖ If yes, please specify types(s) of drugs, frequency of use, and if you currently use illicit/recreational drugs.

FAMILY HISTORY

Have any members of your family had any of the following conditions? (check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Dementia or Alzheimer's Disease | <input type="checkbox"/> Heart disease |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Cancer: of what ? _____ |
| <input type="checkbox"/> Psychiatric Problems: (specify) | <input type="checkbox"/> Anxiety |
| _____ | <input type="checkbox"/> Other (specify): _____ |

SOCIAL HISTORY

Please check the appropriate response for each question below:

With whom do you live?

- Alone
- Spouse or partner
- Child or other family member
- Others, not family
- Other, specify: _____



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Which of the following best describes your residence?

- Single-family house
- Condo or apartment
- Live with other in their home
- Retirement hotel
- Board and care/residential care facility
- Nursing Home
- Other, specify: _____

Are you currently:

- Married
- Divorced / Separated
- Widowed
- Single / Never married
- Living with Significant Other

Did you or your spouse serve in the military? Yes No

How many children do you have? _____

Are you in regular contact with your children? Yes No

How much school did you complete?

- Less than 6th grade
- High school graduate
- College graduate
- Less than high school graduate
- Some college
- More than college graduate

Total number of educational years: _____

Did you attend trade school? Yes No

Specify trade: _____

Is English your primary language? Yes No

If no, what is your first language? _____

Did you go to school in the United States? Yes No

If no, where? _____

Were any subjects more difficult than the others? Which ones? _____

Did you fail any grades? _____



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What is/was your principal occupation? _____

Are you currently:

- Retired / not working Working part-time Working full-time
 when: _____

PLANNING FOR FUTURE HEALTH CARE

Do you have a medical Durable Power of Attorney (POA)? Yes No

If yes, who is your POA and relation to you? _____

Do you have a living will? Yes No

Do you have any additional information that you would like the doctor to know about before your visit?

Yes No

EMERGENCY CONTACT

NAME: _____ RELATIONSHIP: _____

PHONE (Home): _____ Cell: _____

Thank you for your cooperation and patience in completing this form!